



Now you have made the first step
JOIN IN AND ENJOY THIS GAME

If you have any questions please do not
hesitate to ask any members in and
around the club.

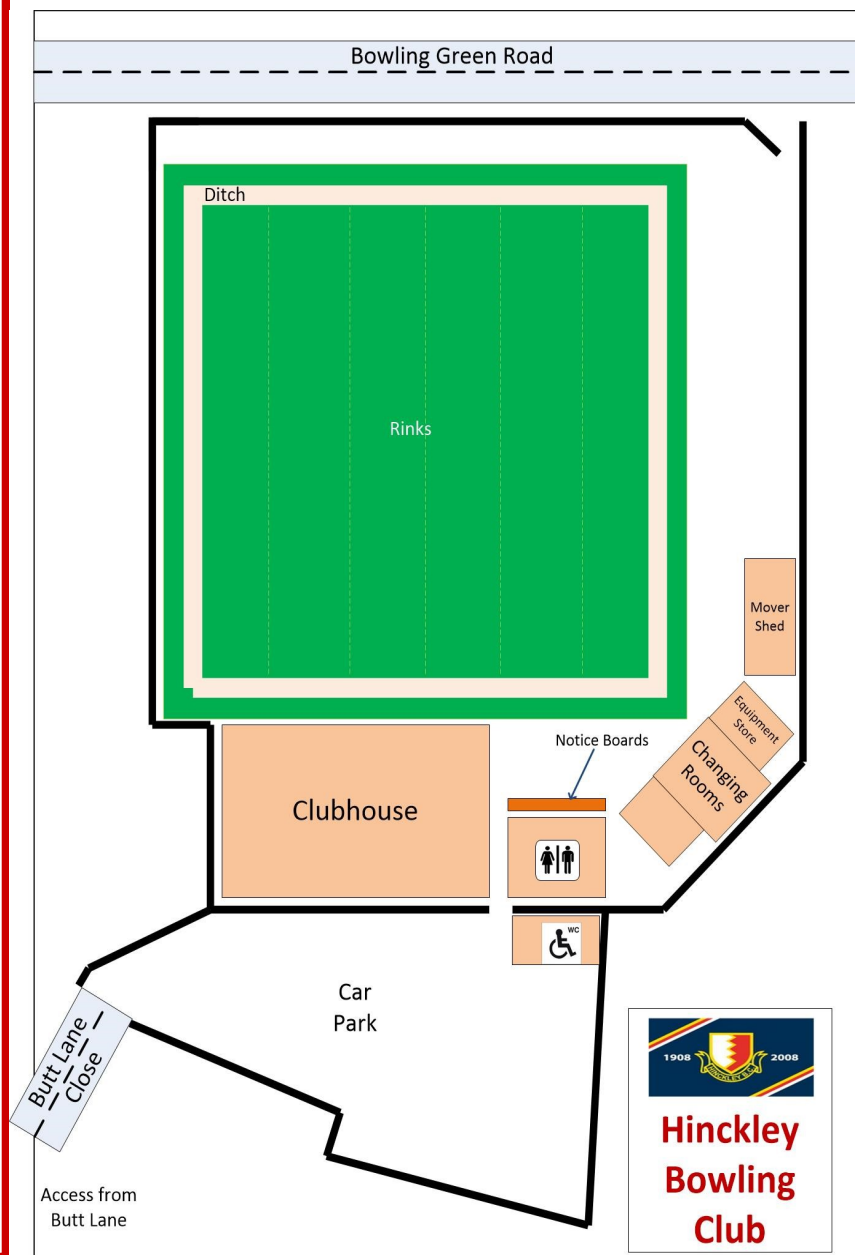
Also see

www.hinckleybowlingclub.co.uk

**IF YOU ARE NOT SURE OF
ANYTHING AT ALL PLEASE ASK**



Where to find us



Hinckley Bowling Club and Spa Lane Ladies Bowling Club



Bowling Green Road
Hinckley Leicestershire
LE10 1EX

Tel 01455 615398

www.hinckleybowlingclub

Welcome

This booklet is intended to help you start and feel welcome at our club.

What is the object of the game?

The object is to get one or more bowls closer to the Jack than those of the opposition. One point is scored for each counting bowl.

After playing all bowls in one direction and agreeing the score; the direction of play is reversed for the next end.

Where is the game played?

Bowls is played on a square of closely cut grass called the GREEN.

The green is divided up into, usually six, playing areas which we call RINKS. The green is surrounded by a shallow ditch to catch any bowls if they leave the green, and also a raised bank upon which markers are placed to indicate the rink boundaries.



How do I start to learn the game?

Hinckley Bowling Club now has a number of members who have coaching qualifications. All are willing and eager to offer advice and help with any aspect of the game. See the club notice-boards for details of our qualified coaches.

You are free to practise / "roll up" on most afternoons or evenings.

Can I play in Club games?

Yes, it is one of the best ways to practise and learn the game.

The men play in Club matches every Saturday and Thursday afternoon.

The ladies play in matches regularly on Monday/Wednesday afternoons, but also occasionally on other afternoons.

What do I need to wear?

When on the green you must wear flat shoes, (**no heels**) ideally purpose-made bowling shoes.

For evening games and practise - grey below the waist and white or club shirts above the waist.

For afternoon games and special occasions - white below and white or club shirts above the waist.

What costs are involved?

Practise - free if you are a club member.

Games - a match fee is involved - ask the Club Secretary or one of the Captains for more details.

Where is the equipment stored?

Mats, jacks etc. are kept in the changing-room lobby. Please put away tidily after use.



Do I need to buy my own bowls?

Not straight away. The club does have some you may borrow, or a friend may have a set you could borrow. Do not buy bowls until you know what size and type is suitable for you.

How do I get into the Club /Green?

Once you have been accepted as a member, you will be issued with the combination to the car park gate and the changing rooms. Keys to the road gate are available to buy.

A Short list of terms used in Bowling.

Green- This is the area the game is played on.



Wood or Bowl - The ball that bowlers use to send towards the jack

Jack - This is the small white bowl that you and the other bowlers want to get their own bowls closest to.

Backhand - This is when you swing the bowl across your body to the side from which you want to send the shot.

Forehand - This is a move that sends the bowl from the same side of the body that the hand holding the bowl is on.

A Roll up - This term is used for when you practise alone or with one or two other bowlers.

The Shot - This is the bowl that is nearest to the jack when the end is finished.

The Head - The cluster of bowls around the jack, during and at the finish of an end is called the 'head'.

